Bacon Wrapped Scallops and Shrimp





Served as appetizer

INGREDIENTS

- 2 POUNDS U/12 SEA SCALLOPS OR 16/20 SHRIMP
- 1 LB THIN BACON SLICES CUT IN HALF
- 1/4 CUP MAPLE SYRUP

- 2 TABLESPOONS SOY SAUCE
- 1/4 TEASPOON GARLIC POWDER
- SALT AND PEPPER TO TASTE
- 3 TABLESPOONS CHOPPED PARSLEY
- COOKING SPRAY

INSTRUCTIONS

- 1. Preheat the broiler. Coat a sheet pan with cooking spray.
- 2. Wrap a slice of bacon around each scallop or shrimp and secure with a toothpick. Arrange the scallops or shrimp in a single layer on the baking pan.
- 3. In a small bowl, mix together the maple syrup, soy sauce, garlic powder, salt and pepper. Brush half the mixture over the top of each of the scallops or shrimp.
- 4. Broil for 8-10 minutes (shrimp) or 10-15 minutes (scallops), or until bacon is crisp and scallops or shrimp are cooked through. Brush the remaining sauce over the scallops or shrimp halfway through the cook time.
- 5. Sprinkle with parsley, then serve.